

104th May Call Celebrations, Bangalore
Discourse 4 by Master K. Parvathi Kumar
29th May, 2013

Hearty fraternal greetings and good wishes to all the brothers and sisters.

May we live in the tender touch and the presence of the Master. May we grow from just being mental beings to that of wholesome beings experiencing the 3 worlds. May we live in the presence within and around and may we continuously be under the guiding light of the Master, the Lord of the Universe. May his light, love and will prevail us so that we fulfil the purpose of having taken an incarnation. In the process, we experience unconditional love, light and the splendour of light. Man always looks for a splendorous, joyful, loving living. It happens only when he subjects himself to a rhythm, to a discipline. It has to be self-imposed and not imposed by others. Man has self will which has to be aligned with the will divine. He has his own problems and difficulties and his life becomes a challenge to him only until he aligns his will with the divine will. Once he aligns his will with the divine will all difficulties disappear just like you wake up from a nightmare dream. We are in a dream-life until our will is aligned with the will of the Divine.

It is only for that further purpose we take to incarnations from time to time. We have been taking to incarnations into human form from so many aeons. Thousands of births and deaths have happened to us and we have been gathering experience by our exposure to different dimensions of life. We reach a point where we feel that we are not any more interested in the routine aspect of life. The routine aspect relates to maintaining the body, fulfilling the obligations. This routine is always there every time you are into a body. So therefore you learn some skills in the process. In the process, you also incur some obligations and they bind you and later we have to fulfil them. This is the routine path. It is what we call the Common Minimum Programme. Everyone grows, gets educated, earns money, builds a family, takes care of the family and in the game, he incurs obligations towards the parents, society, body and so on. Each time you are incarnated, you have obligations. If you do not fulfil them, they get accumulated and you are heavily burdened. This routine life of obligations continues to be a cycle. It is only a rodent round the mill. In the whole game, you are only fulfilling your obligations. It keeps you move around and you do the same things all the time.

If you just take a day and observe, you are doing the same things. Can we say we have grown just doing the same things every day? Is it so that we always remain like this? This question must emerge in each one of us. Only then all this is meaningful. The activity of relating to light and thereby moving in a spiral manner though seemingly circular is possible if we do something beyond the routine.

Each one of us is a unit of consciousness. It shines forth. It essentially has the ability to will, to do and experience joy, love and splendour of creation. It has the ability to experience light. If you mostly remain in mind, you cannot experience light. Mind has dim light. Mind helps us to move in this world. It has its own significance. Yesterday I explained the importance of mind but yet it is dim. It has to be supported by the light of the soul and the soul is no other than you. You are essentially an embodiment of light. That light, we have denied it ourselves because our orientation is more towards such activities where there is more material. Mind tends to accumulate more matter as you are more oriented towards material. So we tend to be men of matter.

Thought is matter. Light is also matter but there is a difference in the degree of matter.

There are gradations in matter. There is subtle matter as well as gross matter. From light to matter there is gradation. There is a light beyond darkness. There are 8 gradations of light with the light being the 9th one. So in which through gradation you reside, determines the gradation of light in you. There are nobler thoughts. There are thoughts relating to materialism, socialism, capitalism and so on. There are also thoughts based on religious groups. Thought is a conditioning factor. There is a way to live beyond the thought factor.

You are the basis for your thoughts. You should drive your thoughts and not vice versa. Thought is meant to manifest something which was unseen before. You are the creator of your thoughts. Having created a thought, we should not become a slave to it. We forget that we are the basis for all thought and material that we create and we become subservient to them. We can make a thought and a related manifestation as long as it is worthy. But when you succumb to what you have created, you no more remain a creator and become a slave. That is what happens when you remain mostly in mind. Mind is a mirror. It has no light of its own. In a dark room, you cannot see anything in a mirror. Can you look through a mirror in a dark room? There is the light of Buddhi that falls on mind and therefore it has some light.

Buddhi is the light of the soul. The soul and its light are inseparable. Each one of us is a soul and it has its light. The mind can be oriented to receive the light of the soul. You are the soul. It is not outside. That you are a soul must be always remembered. Each one of us is a soul and we have related light. That light has to be utilised because you have a purpose to come into a body. That you very well remember in the womb of a mother. For 90 days we pray to be released from the prison of the womb. It is like hell. You stay in a Namaskara mudra in the womb of your mother and a light appears and can be seen by the child. The light gives you the relief. Concurrently the mother gets labour pains and you are born. For many days after birth you are more with that light and it takes 90 days to come out from within and slowly the senses develop. Meanwhile you would be sleeping a lot. You would be recollecting the mistakes you did in the past reincarnations and also the purpose of the present life. Slowly you unfold. It takes 5 years to unfold the 5 senses in the body. From 5th to 7th year the mind unfolds. At that time, it should be initiated. It takes 7 years for the soul to take a fairly good control over the 7-layered body. Therefore 7th year is the most important year in man's life. 7 is the key number relating to man.

Man is a 7-storied structure. The body of 7 tissues and 7 layers can be experienced. All the 7 planes can be experienced. We can move in all the planes and experience the related bliss. But we are oriented more towards material and objectivity and we are lost. We forget the purpose of our life. The mind is oriented towards objectivity but it can be oriented towards subjectivity. That is what Aristotle says, "You orient the mirror towards Earth, it shows you Earth. You orient it towards the sky, it shows you sky." That is how the mind is. Where are you oriented? Is it all about the family, wealth, profession, fame recognition? The plane of mind is where you need to relate to the light which shines forth on the mind. Man does good, bad and ugly acts with the help of the light that comes from Buddhi that falls on the mind. Without that light, you cannot do anything. What kind of light you like to have? Everyone wants to have a light of unlimited joy and experience. No one wants to be regulated or constricted. Even a child would not like to be regulated. But if you self-regulate, you will be able to find the very purpose of your life. Why have you all come here? If you forget that and indulge into other acts, the very purpose is lost. To live, to serve, to enlighten ourselves, to live in alignment with higher beings, to align with the divine plan and to fulfil that plan is the purpose. As a soul, each one of us is a Son of God. Each one of us is a prince and the God is the King. We forget that we are a prince. Once he recollects that he is a prince, he recollects the plan relating to his work.

We have the story of a swan which gets mixed up with a group of ducks, forgets that it is a swan and moves with a group of ducks. Later when it sees a group of swans, it recollects itself and joins the group of swans. So we also need to recollect our Self.

Each one of us is a medium for transmitting the divine plan upon Earth. We need to align our will with the divine will and work out the divine plan upon Earth. For that we need to orient because we have lost the thought and plan. We have picked up many other programmes which are not in tune with the soul programme. Until you fulfil your plan upon Earth, you keep coming back to Earth. We have been here since the inception of Earth. We have come as pilgrims and have become prisoners. We have come from the sun. Each one of us is a ray of the sun. We have lost our identity and we have taken a mistaken identity and as a consequence we have lost into what we have created. The world is so predominantly in the objective and it is very difficult for the mind to relate to the soul and its light. For us to relate to that light, great beings come from time to time and give us simpler techniques to relate to the soul and its light. Mind has the facility to work inside and outside as well. It can be subjective as well as objective. Just as children have objective education, they should also have subjective education starting in the 7th year. There is a lot to be learnt inside as well. The universe is visible in the inner. It is a great facility for man and that is what is to be introduced. The very word initiate means "to enter into". Only when you enter into the own chamber of your heart, you can become an initiate. You have to necessarily turn inward. If you have no time to enter into, you cannot contact the source of the inner being. All prayers done outside do not help you turn inward. There are outside prayers and inside prayers. While you do prayers, you should visualise the deity inside. The mind is oriented to the light more and more and it gets enlightened. Otherwise it is filled with matter.

Mind on a daily basis gathers matter. The mirror has to be cleaned daily. It gathers lot of dust. Likewise you have to daily clean the mind. Not with concepts of God. People do so much labour not getting enlightened. There is not much enlightenment. What you transmit into your action, your speech and your thought makes the difference. Whether you chant Vishnu Sahasranama or Rudra Namakam or something else, whether the related light manifested in you or not is the question. They can bring the related light in you. Every sound that we chant can manifest the related light in you. They are all potential sounds. It happens when you hear that sound consciously after chanting. A huge absorbing light and sound show happens in you if you can recite the sound appropriately and visualise the beams of light that each of these sounds generate. That is how it has to be done. You do Gayatri and it showers a light on you when you hear it while chanting. Don't do it for fancy. When mind is so much with matter, it denies you doing all this. It will now allow the influx of light. It has no time for all this. If you have no time, you are the most unfortunate one. It is that light that helps you through your daily work of any kind. You cannot be a student of occultism if you say that you have no time for prayers. Prayers are foremost. You may miss a breakfast but not a prayer.

Mind is the Master of the body. If you have given enough nourishment of light to the mind, then you have less hunger and thirst. If you have more hunger and thirst, it means there are more impurities in you. "The lack of experience of splendour of light, the unfulfilled state of my being" - we pray to the light that the above 2 should be taken care of. The worldly experience cannot stand in any comparison with the divine experience. That is why those who have the taste of divine experience they have no taste for worldly because they have experienced something much higher.

Therefore the most important aspect of occultism is cleansing ones own mind on a daily basis. It cannot be done once and for all. It has to be done on a daily basis because the impurities are accumulated on a daily basis. Just like we clean houses daily and if possible we even clean with water. Water cleanses better. We too can take a shower to clean our mind. So this cleansing is recommended at least 3 times a day and if necessary 5 times a day, depending on the intensity of outer activity. On a clean mind, you can see your own lighted image. The beauty of mind is, it reflects. It can reflect the inner beings and its source as well, the divine being. That is the importance of cleansing the mind and orienting it towards the light within you. It is called the head-light of the beauty above. The beam of that light comes down and falls on an aligned mind. That is what is required. Stay in that light. If you stay in that light, it gives you many visions, you hear musical sounds and you get engaged with it. It relaxes the whole being. You need not hear music outside, there is music inside. Music of every conceivable instrument can be heard inside. It enables you focus further with the light. You feel that you daily must be quickly finished and you must join this light. You feel like engaging with it more and more. You quickly finish your jobs and orient towards that light. It is like a television inside.

Cleansing of minds is possible only by acts of goodwill. Acts of goodwill bring thoughts of goodwill. As you get up, you should feel "I am awakened only to serve the surrounding beings in whichever way I can". Even a squirrel tried to help Rama in building a bridge. Such is an act of goodwill. Our goodwill acts will not change the whole world but the intent matters. Can the squirrel build the whole bridge? We are very insignificant in this universe but our attitude matters. If that is your attitude, the mind gets cleansed.

Anything you do, do it as an offering. Even washing the body should be considered as an offering to the body. There should be such an attitude. Even before you eat, offer it to the divine first and then eat. During the fire ritual we offer material to the fire and it is transmitted to all the other intelligences. Similarly while we are eating we should remember that we are offering to fire. Then that fire converts the food into energy and it ensures that the energy is distributed all the 4 bodies, nourishes them, ensures growth of the tissues in the body. When you have an attitude of offering than seeking, your mind is cleansed. Wisdom will dawn on you if you clear yourself. The teacher visits you; the knowledge visits you if you are engaged in living a life of offering. So cleanse the mind by turning your outer life into a life of offering. Offering can be at the physical plane, mental plane, emotional plane or Buddhic plane. Depending on your skills, keep offering. It is the best way of cleansing the mind. Do not think that you are clean because that thinking itself is an unclean thought. It makes you proud and makes you act in a different way. You may be honest but do not think that you are honest. It makes you feel that the whole world is dishonest.

If you are not clean with the mind and try to orient towards the light, nothing will happen. All ugly thoughts come to your mind and they will not allow you to orient. Thoughts keep dancing in an ugly manner.

As you do so, a teacher comes into your life. There are a group of teaches in the creation to help the beings. In fact they came first and the beings came later. There are the 4 Kumaras, 11 Rudras, the sages, and there is the Hierarchy of Teachers. There are teachers that guide you at different planes even up to the Atmic plane. Starting from the Buddhic plane, there are teaches to guide you. When you are clean in the mind and orient towards the Buddhic plane, a teacher comes to you and guides you through the path. Teachers are there in visible as well as invisible forms. The invisible ones keep guiding us in meditation. When you gain a subtle vision, you can see them, feel their touch, feel their

fragrance and so on. Just like the outward mind and senses gather from the objective world, the inner mind gathers from inner senses, from the subjective world. This inner senses and inner mind should be developed. You are then equipped inside and you can see devas and teachers moving around you. All this is possible for the inner mind. You should first know that you have such a potential. If you know not how it is with you and how it is with the objective world, you are just groping in darkness. Nothing can be done in vagueness. You know how it is. To know how it is is called knowledge. Without knowledge, there is no way. If you do not know how to reach Tapovana, you can never reach here. Likewise to reach the light is not so easy; you need helpers. You cannot reach Tapovana without helpers. Similarly help is needed when you want to reach unknown realms of your own being. Can you yourself go there? Those who know the way are there in the creation. When you show interest to reach, they take interest in helping you. They make it easy.

So cleanse the mind through daily activity. Speech is also very important. It can spoil the whole energy in you or electrify or construct the whole energy system in your body. It is destructive as well as constructive. It depends on how you use it. In all occult practices, speech is the first faculty that should be cultivated. Speak only when required and with as many few words as possible. Don't be like a chatter box. Be miserly in the usage of words. Use the appropriate words. There is an art of speaking. Speak pleasant and speak not untruth. Speak not truth unpleasant. Just because you speak truth, let it not be pungent. You have no right to hurt others. Non-violence is one of the dharmas most high. If you hurt others through your speech, your energy system is thoroughly disturbed.

So let there be a life of offering and speaking the truth and speaking it pleasantly. With this you can align the mind towards the Buddhi. All meditations are aimed at it. It is the first step and the formation of the initial bridge. Later aligning the Buddhi to the Atman. It is the advanced bridge. The soul reaching the super soul is the higher bridge.

Now we are orienting our mind to reach Buddhi. That is where all meditations are recommended to be done, in the heart centre. We need to contemplate upon the heart centre. Those who already reached the heart centre are advised to contemplate upon the Ajna centre and so on. So there is this vertical path in us. We need to travel in that path if you think that you are following a Master. It is the path of light. As you move in the path, the occult sciences are revealed to you. The Lord says "Be with Me and the occult sciences reveal themselves to you." You cannot learn them by yourself. The great seers haven't learnt the occult science to start with. They have realised themselves and in the path the Scriptures revealed, the Science revealed and everything was revealed.

So we are in the first step of aligning the mind with Buddhi. We are mind-born sons, the sons of Manu. Let your mind be the playground where you ensure cleanliness and you relate it to the light. That is why strictly speaking meditations are not suggested to all. We should not meditate with an unclean mind. There are dangers if you do so with an unclean mind. Dealing with the light should be done with a pure mind. You can read the book "Letters on Occult Meditations" for more details. He devotes more than 200 pages giving the dangers of meditating with an unclean mind.

That is where a Master of Wisdom is relevant and much more so with Master CVV because he himself said it. Master CVV said, "Many Yogis have guided humanity and many scriptures have also given the way but the humans are not able to walk the way. At best in a century 10 to 12 are transforming. At this rate, when will this humanity ascend into the higher plane?"

The divine plan is such that this humanity must enter into the Buddhic plane (supra-mental plane). It is the work of every teacher to help every being to enter the chamber of Buddhi from the chamber of mind. So many teachers have come. What Master CVV says is, "Humans are found to be incapable of doing it as we see the results." The number of students passing out of the school is 10 per year. Can it be seen as a good school compared to the number of students in the school? What is this rate of progress?

That is the reason an energy has descended into humanity for the purpose of quicker evolution of humans, plants, animals and minerals on the planet. Master CVV is the transmitter of that energy. He never claimed to be a giver. That is the Aquarian age. It is the age of speed. He also said, "You need not make any effort in reaching the plane of light. I shall do it for you provided you offer yourself to me at least twice a day for 15 minutes." This is a dimension that has come for the first time on the planet. This is where it is different. It is the most high energy that has decided to help the humanity on this planet which is not making good progress. The Brahman himself has decided to help the humanity on this planet. Aquarian age has come and the energy has come.

There were expectations of this energy visiting the planet. It was expected to be a New Age. Each one has picked up the thought of New Age at the end of 19th century. Even Madam Blavatsky herself stated that in the first decade of the 20th century an energy would visit the planet to lift up the humanity. She could give this prophecy because she had access to divine worlds. The followers of Madam prepared a pure instrument to receive that energy. Jiddu Krishnamurthy was prepared to go through a process of purification to receive this energy. But the divine had other plans. The energy that visited is too strong, as strong as a thunder, and in the higher circles they had to choose a very high soul to receive this energy. Among all the ashrams that are available on this Earth, it was decided that Agastya Ashram is the only suitable Ashram through which this energy should be received on Earth because under all crisis situations it was Agastya who came to the rescue. Master CVV is one of the advanced disciples in that Ashram and he was chosen to receive the energy. He took birth 42 years before the descent of the energy. In 1875, the Aquarian age started. The coronation of Queen Victoria coincides with the advent of the Aquarian Age. Victoria has more New Age thoughts than the earlier emperors. She is an initiate. Master CVV took birth in 1867. He is an embodiment of Aquarian energy. He chose to be born in Kumbhakonam which means Angle of Aquarius. The last time the Aquarian energy visited the planet also through Kumbhakonam. There is the Adi Kumbeswara temple in Kumbhakonam. Shiva has emerged over there as Kumbeswara and the energy had flown as a lake which is even today considered to be the most sacred lake in South India. It stands 2nd to Manasarova. It is called Mahamaham. Even the Chief Minister of Tamil Nadu regularly goes there and takes a bath. She must have been informed of its significance. The lake contains the energies of Aquarius.

So 25000 years after the last Aquarian age, Master decided to take birth in Kumbhakonam. Each age runs for a period of 2160 years. In this Aquarian age, man must become etheric. Man must fly himself or through an aircraft. When aeroplanes were invented, Master CVV said, "You may use the aeroplanes for now but later you will fly on your own." That is the kind of energy that has been received. The energies descended from Sirius, the Southern Star, which is the teacher of our Solar System. Great Bear is the father while Pleiades is the mother to our solar system. Sirius is whom we call Dattatreya. It is the Dog Star. The energy of a dog star is there in a dog of high quality. That is why dogs are more attracted when a Yogi is in a Yogic process. The dog is assistive in the process. That is the beauty of dog but you should not tame a dog and keep it around you for this. That way it doesn't work. When you are in a process of Yoga, there is time when a

dog is attracted to you and it stays with you for a while. 7 years is the minimum period that it stays with you when you are practicing Yoga in its true sense. It brings you the energies of the star of Sirius. The Great Grand Hierarchy relating to our solar system is in Sirius while its replica is present on our planet in the Himalayas and other mountain ranges.

The energy descended into our solar system through the Leo constellation. The central sun in the Leo constellation is called Regulus. It was received by the central constellation Regulus. Through Leo, this energy was brought into our solar system through a comet called Halley. The comet came close to our planet and its tail touched our Earth on 31st March, 1910 at the midnight hours at Kumbhakonam. There was a huge lightning and thunder in the Dabir Street in Kumbhakonam and the whole street woke up and they feared that the thunder has fallen on the house. They saw a wonder. They saw Master CVV sitting in the front room in a Veerasana posture and he was full of light. Can you imagine that? One should die if a thunder falls but it did not happen so. The neighbours were fully surprised. It is not a usual event but it happened 100 years ago. We hear of people getting enlightened. That can happen but this is not the case here. It is a case where a highly enlightened one has come and was waiting to receive this light. He was in full knowledge of its arrival. He was fully awake at the time of descent of the energy and was prepared to receive it. It was like Agastya drinking the whole of ocean waters.

Master CVV was an adept in many things. He was a scholar in English and Sanskrit and he was also a musician. He was greatly attractive to the locals. Many scholars, elite, kings, musicians, visited him. There was something very much attractive in him. He was even made the major of Kumbhakonam. You can see his picture in the mayor's hall in Kumbhakonam. He led a life of splendour. He distributed 16 courses food daily. He led such a life and later he received this energy, when it arrived. It is very difficult to imagine this.

It took 60 days for the Master to assimilate that energy. He performed many experiments and discovered many aspects of life. He found the source of life. He discovered how longevity of life can be prolonged. Your life will be lengthened to help you fulfil in the process of Yoga. He called it as Chief Life. He demonstrated it many times. He raised many from death. He himself demonstrated it 18 times to instil faith in his followers. This is because he could connect the cosmic prana, solar prana and planetary prana to Earth and transmit that prana to the surroundings and he was seen to be a Master healer. All those in the path of Master CVV Yoga can be natural healers in so far as they can be impersonal. In my own life, I have 4 such experiences where persons decided by doctors as hopeless became normal through prayers. Don't use it for cold and cough. In emergency situations it works. You can be a healer. Master said "Yoga teach. Prana treat." He could arouse the Kundalini energy in any being through the utterance of the seed sound CVV and conducting the prayer. He said, "I shall enable your Kundalini and help it rise. I shall treat you; I shall teach you Yoga and shall lift you up. You need not do anything. Just utter Master Namaskarams and offer yourself to me."

Master here means the energy that has visited. The energy is the Most High. The energy has descended from the Brahman itself to help the humanity to evolve; not only the humans but also minerals, plants and animals. You offer yourself to him and sit aside and observe. Be an observer. Don't do anything. Just observe after invoking the mantra "Master Namaskaram". Master CVV Namaskaram came much later in the last year of the Master in his physical. He was asked by the energy to transform the mantra into Master CVV Namaskaram. It is always so that the Divine wants to glorify all those who work for the divine plan. But Master gave the mantra as "Master Namaskarams; Master CVV

Namaskarams". Later there came to be Master MN Namaskaram and Master EK Namaskaram. Like that there is a hierarchy.

This energy has no impossibility in it. Master CVV demonstrated the energy by experimenting with it for 60 days. I will give more details in the evening discourse. This energy causes transformation, transmutation and hence transcendence. All this is done by the Master. He says, "I will work for you. I will cleanse you. You cannot do it yourself." He also said, "Manu is not creating the human structure in an appropriate way to enable self-realisation." It is a complaint. How audacious for a person to say that Vaivasvata Manu is not moulding the human structure in an appropriate way! "The pituitary in the human constitution is defective and it has to be rectified. I shall rectify the pituitary through sound. It suffers from many limitations. I shall also work to enable work Sukra to relate better with Earth and enable faster evolution." He made such statements which seem to be very unbelievable but all his prophecies are coming to be true. All the electronics that is emerging is due to the work of this energy. He spoke of dematerialisation. No more we have a paper ticket or paper letter. Everything is there but not visible.

He said, "I transmit this energy to the whole world and thereby initiate the mineral kingdom, the plant kingdom and the animal kingdom. They too shall have the evolution faster. I have come to lift up the Earth to the Kings of Beauty." This is how he made certain statements. The work that he did and that he does can be spoken in the afternoon.

The first day on which he gave this initiation is on 29th May, 1910. From 31st March to 29th May, he conducted the processes in him. He initially gave it to a few of his friends who were interested. It started with a very small group and now it has become global according to his prophecy. He said, "It first goes to the West and then it will come back to East. Its scientific functioning will be known first in the West. It goes to Europe, then to South America and then to North America and then it will come back to India." It so happened. India cannot receive it immediately because it is so very heavy with its tradition. It cannot be accepted here so easily.

Having received this energy, how he worked with it and how he works with us will be discussed in the evening. He also gave 3 simple regulations which we need to follow. If you follow those 3 regulations, he takes complete care of you, not only the life divine but also the life mundane. This work was initiated 103 years ago and this is the 104th May Call and we are all blessed to be a part of this energy. Orient to the Energy and to the Master. Master is the transmitter. This energy is making its presence felt in all fields. It is also there latently at the political field. There is a dark strong energy on the planet which is still hanging around, which is not enabling the humanity to move forward and that is all posited in the power centres of the planet, in the governmental places. Once it is dispelled, then the New Age is experienced. To dispel it is the work of the Master.

May the Master call each one of us, give each one of us his tender touch to enable us grow into light and thereby transmit that light into our surroundings.

Thank you.